



Type 1 Diabetes: Less guesswork.
More freedom. Better health.

DAFNE Newsletter - Issue 9

February 2023

Welcome to the ninth issue of the DAFNE newsletter. These newsletters will be emailed to all active DAFNE educators, doctors, administrators and signatories. A copy can also be accessed via our website www.dafne.nhs.uk.

Included in this edition:

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We hope that you will find the content useful; if you have any suggestions for articles please let us know at dafne@nhct.nhs.uk

[DAFNE Vital statistics](#)

	MDI			Pump	
	Remote DAFNE (From July 2020)	Face to face – Standard DAFNE (From Feb 2000)	Face to face – 5x1 DAFNE (From June 2010)	Face to face Pump (From April 2009)	Remote Pump (From September 2021)
Courses delivered	895	7,190	660	210	79
Graduates	3,254	48,518	3,968	1,297	215

	Number
DAFNE centres	108
Delivering in localities	209
Trained DAFNE educators	1,308
Trained DAFNE doctors	979

As of 31st January 2023

[Updated MDI resources for face to face courses](#)

Work has been carried out to update the following resources:

- DAFNE and 5x1 DAFNE course book and activity book
- DAFNE and 5x1 DAFNE curriculum
- DAFNE insulin posters
- DAFNE flipchart

Please note “DAFNE” is what we previously called “Standard DAFNE”.

Much of this work involved creating one course book and one activity book, which can be used for both DAFNE or 5x1 DAFNE, rather than continuing to have 2 separate workbooks and curricula.

Our printing company are currently working on printing the resources and we expect these to be available to centres towards the end of March 2023. We will confirm the launch date via email as soon as we are in a position to do so.

We plan to update the following resources throughout the first and second quarter of 2023, alongside other project work:

- Pump DAFNE course book and activity book
- Pump DAFNE curriculum

We will be delighted to have updated resources for face to face courses as we realise this has been delayed due to the development of remote formats and resources, which needed to be the priority. Thank you to all DAFNE services for their patience.



[Face to face conversion training](#)

Work is currently in progress for the development of the face to face conversion training. This HCP training is for educators who are trained in remote and also wish to be trained in delivering face to face formats.

Amendments to the Group Management online unit is in progress with the Open University (OU). Some additional internal learning material is being developed over the coming weeks, which will be inserted into various sections of the updated online learning once finalised.

In addition to the above, development of other resources such as the face to face conversion training handbook, lesson plans and workshop are also in

progress.

We are aiming to complete and launch this training in March / April 2023. However the confirmed launch date will be confirmed via email as soon as possible.

Please note, educators who have completed the face to face temporary measure which is due to expire in March 2023, will be contacted in due course. You will not be required to complete the conversion training in full, further details will be emailed to you once finalised and if necessary your temporary face to face status will be extended (depending on launch date of the face to face conversion training).

Category 2 DAFNE doctor status

Do you still want to deliver the 'Long term health and diabetes session' previously known as the 'Annual review and screening checks' session as part of face to face DAFNE courses?

Although the decision has been made to cease training Category 2 DAFNE doctors we would like to enable those existing Category 2 DAFNE doctors who want to deliver the "Long term health and diabetes" session as part of face to face DAFNE courses to continue to do so. We know that participants appreciate input to the course by their DAFNE doctor, and also that work plans may mean that you are no longer able to commit time to delivering a DAFNE session. The lesson plan for this updated session will be available in the DAFNE and 5x1 DAFNE curriculum.

If you were trained as a Category 2 DAFNE doctor, you will have received an email in January asking you to state your preference to either:

1. Continue as a Category 2 DAFNE doctor (if you would like to continue to deliver the 'Long term health and diabetes' session as part of face to face DAFNE course formats, and take part in the questions for the doctor session)
2. Amend your DAFNE doctor status to Category 1 (if you prefer to take part in the questions for the doctor session only, and not deliver the 'Long term health and diabetes' session).

Please reply to the email by **Friday 10th February 2023** if you haven't already. If you do not reply to this email before this date your DAFNE doctor status will automatically be amended to Category 1.

Revalidation

Revalidation of DAFNE educators and doctors was paused in 2020 due to the pandemic. Due to all the changes over the last 18-24 months, the revalidation questions required updating, therefore revalidation remained on hold throughout 2022.

We are pleased to advise that Revalidation will resume in 2023 as planned.

All centres will be contacted in the next couple of months to advise when in the year their centre's revalidation period will fall. It won't be until after March 2023 and all educators and doctors will be given plenty of notice, so please don't worry.

Desktop audits

Desktops audits have also been on hold since 2020 due to the pandemic and post pandemic pressures.

We are pleased to advise that Desktop audits will resume in 2023 as planned and they will take place annually, rather than every 3-years. This is to give centres more regular updates on their audit outcomes and also to provide support to centres if required.

We have also amended the areas that we audit. Updates to the audit reports are currently in development. We are aiming to launch the roll out to centres from April 2023, this will also give centres time to recover from the current winter pressures.

The revalidation audit domain will be excluded until the 2024 audits, to give centres the chance to revalidate throughout 2023.

All centres will be contacted in the next couple of months to advise when in the year their centre's desktop audit report will be issued.

DAFNE webinars

Webinars continue to be delivered, the most recent webinar in December was "Challenging diaries." Trainee DAFNE educators frequently voice their concerns over the DAFNE Diary discussion sessions. This webinar aimed to increase confidence in the DAFNE diary review sessions and insulin dose adjustment. Thank you to all who attended.

On Thursday 23rd February there will be webinar focussing on the admin responsibilities within DAFNE, including the roll out of revalidation and desktop audits in 2023. This webinar is suitable for all DAFNE administrators, as well as educators and doctors. If you haven't already expressed interest and wish to attend, please get in touch.

Please view the webinar programme for 2023 in the "Newsletters and Webinars" tab of the central resources area. To register for any of the webinars please contact us at dafne@nhct.nhs.uk.

All webinars are recorded and made available to view on the OU central resources area for those DAFNE HCPs or DAFNE administrators who are unable to join the live events.

If you have any suggested topics for future webinars, we would welcome any ideas in order to make the webinars as useful and informative as possible.

Remote DAFNE educator network meetings

A summary of the autumn network meeting notes and actions points has been collated, shared with the consortium and uploaded onto the central resources area to view. We have also uploaded some key tips and ideas shared by centres during the networks to the central resources area, under the network meetings tab, please take a look!

The next remote educator network meetings are due to take place in spring 2023. Centres have been emailed with their network meeting date and we really look forward to seeing educators again next time.

DAFNE centre support calls

The winter support calls are almost completed. Attendance figures and feedback will be shared in the next newsletter. Thank you to all who attended.

We will soon be contacting centres to arrange dates in the diary for the summer support calls. As always, please contact your centre buddy at any time in-between support calls for advice or for data entry assistance, they will be delighted to help you!

Please note Carolyn Butler left the team at the end of 2022. Paula Longstaff has increased her hours from part-time to full-time. All of Carolyn's centres have been contacted and introduced to their new centre buddy.



Annual National DAFNE audit 2023

The next annual audit will be conducted on data for participants that completed their DAFNE course in 2021, with follow-up data due throughout 2022. The deadline for getting data onto the database is 31st March 2023. Data will be analysed and presented at the Collaborative meeting in June 2023.

We encourage you all to enter as much paired data as possible; a minimum of 50% paired data is required in order for your centre to be included in the analysis. We have been supporting centres by providing status reports outlining expected data and highlighting any missing at both baseline and post course. Reports have been discussed during centre support calls. Please also remember that your centre buddy from the central DAFNE admin team will be more than happy to assist with data entry if this helps.

DAFNE Executive Board elections

The DAFNE Executive Board is responsible for the strategic direction of DAFNE. In 2023 we will be looking for new members from DAFNE educator, doctor and graduate backgrounds to join the board.

All centres have been emailed regarding the elections and there is a notice on our DAFNE website www.dafne.nhs.uk.

Centres have been asked to contact any DAFNE graduates that they feel would be suitable to join the Board and direct them to the website for further details and the nomination form. The deadline for submitting nomination forms is Thursday 23rd February 2023, so if you have a graduate in mind, please do make contact with them.

In the meantime, if you are interested in joining the board and have questions, please contact us at DAFNE@nhct.nhs.uk.

Central DAFNE recruitment - National DAFNE trainer and assessor - support

All DAFNE educators have been emailed regarding an exciting opportunity for experienced educators to join the central DAFNE team as both an RDEP trainer and assessor of new DAFNE educators.

This is now out to advert, the opportunity is ring-fenced to the DAFNE consortium and a restricted link to the advert has been circulated for those who wish to apply.

The advert will close on Sunday 19th February 2023 and the interview date is **Thursday 16th March 2023**. Interviews will take place via Microsoft Teams and will be approximately 45 minutes.

The role will be fulfilled either via an honorary contract with a service level agreement from a substantive NHS employer (support of substantive line manager would be required) or via a bank contract as a Northumbria Healthcare bank worker. Applications are welcomed from experienced and enthusiastic DAFNE educators with well-developed facilitation and communication skills with a desire to expand their practice with us.

If you have not seen the email with the full advert with the link to apply and are interested in the role, or if you have any further queries please email dafne@nhct.nhs.uk.

We look forward to recruiting to the position(s) and to welcoming new members to our central DAFNE team!

Who have we noticed?

We regularly notice amazing things that DAFNE centres are doing, we know on many occasions that DAFNE teams are going above and beyond for service users. In 2022 we introduced a way of celebrating some of the things we notice by sharing in our newsletters and issuing certificates to centres.

Please see below who and what we have noticed this time:

Oxford University Hospital NHS Foundation Trust - This DAFNE centre is running evening and weekend Remote DAFNE courses, we are sure their patients will really appreciate them trying this! We look forward to hearing how this goes!

Cambridge University Hospital NHS Foundation Trust - For recording a DAFNE recruitment video to send to patients, following the lack of attendance to recruitment evenings. This has increased the number of participants joining DAFNE courses at their centre. Brilliant!

NHS Ayrshire and Arran - This was the first DAFNE centre to return their 2023-24 signed SLA and to submit their PO for their contribution fee. These were returned within two working days of requesting! Fantastic and greatly appreciated!

Well done to all the above and the DAFNE teams involved in these fantastic achievements! We know there will be many more too.

Reminders

DAFNE centre SLAs and annual contribution fees - 2023-24

All DAFNE centres have been issued with their 2023-24 SLA and request for a PO to be submitted for their contribution fee. We ask all centres to sign and return their SLA and submit PO within 28 days.

Patient reported outcome measures (PROM) data reminder

PROM data is important to demonstrate the benefits of DAFNE, especially when linked to biomedical data. Centres are reminded to send the survey requests for the baseline and immediately post course surveys to participants; and to send the central DAFNE team details post course, so they can send requests for the 12-month post course data.

All centres have been sent an email outlining the process, however if you have

any queries at all please email dafne@nhct.nhs.uk.

Thank you in advance, it is much appreciated and we look forward to sharing the initial results with you at the DAFNE collaborative meeting in June 2023.

[Remote refresher course for existing DAFNE graduates](#)

Click [here](#) for further details.

[Remote refresher training for Remote DAFNE educators](#)

Click [here](#) for further details.

[Online insulin and carbohydrate units for non-DAFNE trained diabetes team members](#)

Click [here](#) for further details.



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