

### Sick day rules for standard DAFNE

**SGLT2s may be prescribed by Consultants off licence to people with type 1 diabetes. However, this flowchart is not suitable for people taking SGLT tablets (ending in -gliflozin), please refer to the guidance provided by your local hospital.**

#### Disclaimer

This guidance is developed for use by people with type 1 diabetes who have completed a 5-day face to face DAFNE course<sup>1</sup> and understand the principles of accurate carbohydrate counting and of insulin dose adjustment, so that their daily insulin doses are already balanced prior to following this guidance. The DAFNE programme assumes no responsibility or liability for any injury, loss, damage or expense that may be caused by any action, or lack of action, that may be taken as a result of using this guidance.

<sup>1</sup> delivered by appropriately trained and certified DAFNE educators.

