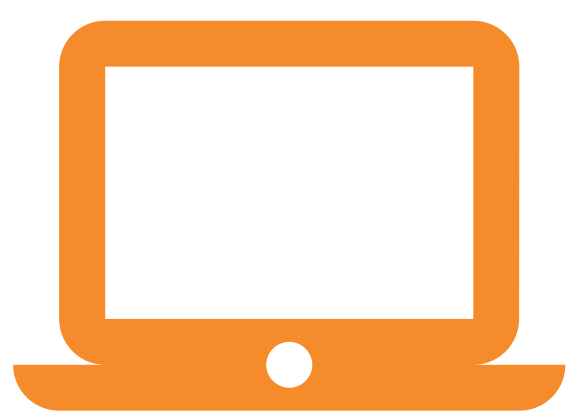


Remote DAFNE course and HCP training

What is Remote DAFNE?

A five-week course in intensive insulin therapy and self-management for adults living with type 1 diabetes. Weekly self-directed online learning and virtual group sessions with a trained DAFNE educator. New educator and doctor training on how to deliver the Remote DAFNE course, consisting of assessed online learning and workshops.



For course participants - adults living with type 1 diabetes:

- Independent and interactive online learning
- Self-paced
- Flexible around work and family
- Review sections, summary and quiz of the learning
- Reduced need for time off work
- No travel or parking costs
- Reduced carbon footprint as no travel required



Learning together – educator led virtual group sessions:

- Expert clinical experience allowing immediate feedback and support
- Remote activities
- Shared experiences
- Peer support



Benefits of remote DAFNE HCP training:

- Reduced training fees
 - Currently free
- CPD accredited by RCP and the British Dietetic Association
- All online and remote learning and assessment of competencies
- Expert trainer support
- No travel and accommodation costs
- Reduced carbon footprint



Delivery of the Remote DAFNE course

- Greater flexibility of delivery
- Only one educator required
- 10 hours less educator time
- Reduced carbon footprint contributing to a net zero NHS
 - No travel, accommodation and subsistence expenses to cover

To find out more about Remote DAFNE and how you can bring this to your diabetes service contact us at dafne@nhct.nhs.uk or visit our website www.dafne.nhs.uk.